



**Begin living as a free expression of your highest potential.
Feel Great!
Enhance all aspects of your life: Health, relationships, and financial abundance.
Deeply connect with your true self!**

What is Journey work?

Journey Work are an incredibly powerful and easy process, similar to a guided visualization it can uncover the root cause of any long-standing health, emotional or behavioral issue. The process will guide you directly to stored memories that can be associated with many of these issues. Once these memories have been uncovered they can be resolved and released allowing the body to start healing naturally at a cellular level. After the first session 99% of my clients tell me that they had no idea their issue was caused by something they totally had forgotten about. That is one of the reasons why traditional therapies fail, as they focus only on what we remember.

This work can be done by phone or in person and is compatible with any other therapy.



"Great News Jaime!! All is still going well with me and as a matter of fact just an hour ago received a call from my doctor telling me that a test taken earlier this week showed that "something has changed...there is no sign" of the previous problem!

Amazing work! G.K. Real Estate Agent, Tacoma WA

This technique, pioneered by Brandon Bays and outlined in her bestseller "The Journey", is now internationally recognized as one of the most powerful and transformative healing tools available today. Diagnosed with a tumor the size of a basketball, Brandon Bays was catapulted on a remarkable, soul-searching and ultimately freeing, healing journey during which she uncovered a means to get direct access to the real core of her being, to the boundless healing potential within all of us. Only 6 ½ weeks later she was pronounced tumor free, textbook perfect, no drugs and no surgery!

Who Can Benefit?

Results have been profound and lasting. Undergoing this work many have freed themselves of:

- addictions
- anger
- apathy
- chronic pain
- eating disorders
- fear
- grief
- guilt
- low self-esteem
- nervousness
- overeating
- pain
- panic
- past trauma
- phobias
- physical illness of all types
- rage
- restlessness
- sadness
- self-sabotaging behaviors
- sexual dysfunction
- stress
- trauma of abuse
- and many more...



I'm still in shock at the transformation. I feel joy all of the time; my husband and friends are even telling me I seem extra happy. And I don't feel so stressed or anxious about things like I used to and I'm sleeping like a rock...." Thank you!

R.A. Happy mom Seattle, WA

How Does It Work?

Eye cells regenerate every two days, liver cells every 6-7 weeks, & our body is made of entirely new cells within one year. According to Deepak Chopra M.D. & author of "Quantum Healing", (and many other researchers) he believes that 'cellular memory' gets carried into each new generation of cells created. If there is emotional issue that has not been dealt with it or resolved it can in fact be passed on to each new generation of cells sometimes resulting in disease or dysfunction.

Dr. Candace Pert, a well-known author of "Molecules of Emotion" & cellular biologist, has also found evidence to support this. Dr. Pert discovered that whenever we have an intense, powerful emotion that we repress or shut down, specific chemical changes take place in our bodies. These changes can affect certain cell receptors, blocking those cells from communicating with the other cells in our bodies & increasing the likelihood for disease to occur. When we feel and express our emotions healthily, fully and wholesomely, our cell receptors remain open. Journey process is used to facilitate this expression so that we may be transformed not only emotionally, but potentially physically as well.



My blood pressure is normal

"Dear Jaime, I send my continuing gratitude for the process you facilitated for me last week. My blood pressure is normal and the physical pain I carried for over 16 years is gone. You helped me open to a peace and gratefulness I didn't know was in me. ... What a spiritual gift... in one afternoon you helped me uncover and let go of what 3 years of weekly therapy, thousands of dollars, and four different therapists hadn't been able to break through...

Blessings to you my friend"

B.I. WA



This feeling is so wonderful that it is beyond words.

"Dear Jaime, I am so grateful for the past session. The internal fear and stress are gone, now I sit in silence and hear and feel so much inside. This feeling is so wonderful that it is beyond words. I want to be absorbed in it... I feel ALIVE like never before in my life. I am smiling inside and out. I was so lost but now I am here... I have arrived.

PS: I noticed that I have no desire to drink anymore!

Thank you so much."

A.I. WA



Today the world just opened up...

"Jaime

Thank you for the immense integrity and care you bring to your work. After our session I felt so supported and free to move forward in my life. You are gift at helping people to get 'unstuck' and realize their true potential.... This process has been very empowering for me."

Love & Gratitude"

M.D. Olympia, WA

Determining Your Own Path

There are a variety of processes available and sessions can be customized to fully meet your own specific needs. I would be happy to consult with you in advance to help you decide where to begin.

I suggest a 45 minutes introductory session (by phone) where you will experience for yourself the transformative power this work offers. Also during this session we can help you formulate a plan that will work for you. The cost of the introductory session is \$75.00

To make an appointment for your initial introductory session or to ask more questions please **call (512) 584-3884**. This work can be done by phone or in person and in fact we work with clients in the USA, Canada, Mexico and Latin America.

These are some of the many Processes available.

- ❖ **Vows Release -**
Identify and clear out potentially unconscious vows that hold us back from living life fully and freely. Vows run on the background similar to a line of code in a computer program, they will continue to act until they are identified, released and replaced with a healthy directive that suits who you are today.. (45 minutes).
- ❖ **Limiting Beliefs Release -**
Uncover and release old beliefs that limit you from living a full, abundant, vibrant life filled with our hopes and dreams. (45 minutes)
- ❖ **Fear or Phobia Cure -**
A short simple interactive process can quickly clear away long-standing fears or phobias. You'll probably even laugh during the process! (50 minutes)
- ❖ **Pain Release and Healing Meditation –**
Experience this beautiful healing guided meditation to release pain and awaken the healer within you. Realize that your soul can help you manage and release one-time or chronic pain. (30 minutes)

Core Foundational Processes

- ❖ **Emotional Journey –**
Identify and clear emotional blocks. (2 - 2 ½ hours)
- ❖ **Physical Journey –**
Identify and clear cellular memories related to physical issues. (1 ½ - 2 hours)
- ❖ **Kids Journey –**
The Kids Journey is a practical and effortless way to help children clear personal issues, liberate the innate genius within, allow natural abilities to shine and let spirits soar. The results kids experience are as profound and deep as those of adults in a fraction of the time!

Advanced Processes

- ❖ **Combined "Designer" Process –**
Combines the physical and emotional journey into a single process providing the client with the fullest Journey experience possible, if needed it can include a vow change. At clients request, the Life Purpose Process can be blend in. (2 ½ - 3 hours)
- ❖ **Life's Purpose Process -**
Have you ever asked deep questions like "Who am I really? Why am I here? What is the purpose of my life?" Many of us have asked ourselves these questions. We might use therapy, religion, or workshops. We may have read countless books in search of the truth of who we really are and why are we here, yet we still find ourselves at a loss. Discover the nature of your life's purpose and the wonderful qualities you have to bring to those around you and get in touch with the deepest part of yourself, the part that is never touched by life's challenges, where your greatest wisdom lies. (2 hours)
- ❖ **Abundance Process –**
This process allows the client to uncover the limiting, often unconscious, faulty beliefs that

keep us from living an abundant life in finances, relationships, health, career, or materially. Before the process begins we'll identify specific blocks in your life that keep you from living abundantly. After uncovering these limiting beliefs and blocks, we'll dive into the Abundance Journey process. During the process, you will uncover and resolve the underlying issues that put these faulty beliefs in place so that you can finally let go of them. You will discover at the end of your Journey how, amazingly, your former beliefs have expanded to create and support abundance in all areas of your life. Finally, we will do a powerful manifesting process to start attracting abundance into your life. Then you can just sit back and watch the magic of this process reveal itself to you in your life. The results of the Abundance process can be very powerful - be careful what you ask for! (4-5 hours).

❖ **No-Ego Process –**

In this No-Ego process we'll discover what creates the patterns and dramas that run our life's "game". Your "game" might appear as acting out the victim or martyr role, needing to be perfect, portraying an image in order to get love or respect, withdrawing from intimacy, being suspicious or fearful, self-doubting, constantly being angry or explosive, avoiding conflict, filling life with endless activity, denying our own needs while compulsively fulfilling the needs of others, or needing to be in constant control. You will be asked to fill out a survey before this session. Using this survey and our dialog, we'll identify your "game" and use the No-Ego Journey process to uncover the root issue, resolve it and set yourself free to live as a full expression of your true self. (3-4 hours)



Stress and fear of failure no more!

"Hi Jaime,

As I sit here with complete chaos going on around me, I am at peace. While in the past I would find myself helplessly carried in that chaos I am now able to stand strong and watch it go by. I am now the juggler, not the pins being tossed in the air.

There is one simple yet profound reason for this peace. I now feel completely comfortable to be myself. I stop and wonder, who else can I have been other than myself? That was a much

more complicated matter. I would hide, change my mind, feel embarrassed, doubt and question every move. I would be happy when I felt loved, suffer when I didn't. I would plan what I said, did and even thought based on this old vow...

Finding the root of this issue was like grabbing the root of a weed that has been allowed to grow for the 29 years of my life. It slowly formed around my soul and was suffocating it. I am one of the blessed ones, able to yank it out at such an early age. Able to plant my perfect little rose of wisdom in it's place and have plenty of time to watch it grow.

I now understand that life gives you this chaos for a reason. With every difficult situation I master, I gain infinite wisdom. It is this wisdom that teaches me to act on the things that make you stronger, not the ones that bring about weakness.

I now honor all that I am.

For your boundless love and wisdom walking me through the path to find my truth, I am so very grateful.

Daniela S. California

Disclaimer Notice:

If you feel that you may have a medical condition, we advise you to see your own qualified medical advisor and receive a full and proper diagnosis. We are not qualified to either diagnose or give medical advice or medical treatment.